

WHOLLY YOU

UNLOCK THE FULL POTENTIAL OF YOUR WORKFORCE

The essential workshop for teams ready to thrive



Is your organization ready to unleash its full potential? Invite your people to bring their whole selves to work—and watch culture, engagement, and performance soar.

WHY WHOLLY YOU™?

- ✓ **Boost Engagement & Retention:** Empower your team to show up authentically, building a foundation for trust and motivation.
- ✓ **Ignite Creative Solutions:** Tap into individual and collective creativity to solve problems and spark innovation.
- ✓ **Strengthen Team Connections:** Foster deep relationships, empathy, and compassion for a more resilient workforce.
- ✓ **Foster Thriving Individuals:** Align your organization with fresh authenticity that pulls everyone forward - together

Sheri's got the "secret sauce" of not only teaching and learning well, but of living fully. I can't recommend her work enough!

David Donovan, learner

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WORKSHOP HIGHLIGHTS

- **Wholeness at Every Level:** Explore how being a whole person, living a whole life, and engaging with the whole world drives resilience and creativity.
- **Authenticity in Action:** Learn practical tools to cultivate awareness, integrity, and congruence, so team members can be real, present, and motivated.
- **Dynamic Ways of Seeing:** Shift from a fragmented to a relational perspective, embracing an interconnected, collaborative approach.
- **Connection, Creativity, Compassion:** Strengthen bonds, spark innovative solutions, and foster a culture of empathy and generosity.

WHAT SETS US APART?

Fresh perspectives on:

- **Relational Power, Not Coercion:** Encouraging collaboration by letting purpose magnetically draw your people toward shared goals.
- **Creativity is for Everyone:** Unlocking new possibilities by trusting in the creative potential of every individual and team.
- **Compassion in Action:** Building a culture where curiosity, generosity, vulnerability, and empathy are lived values.



Ready to transform your team and organization from the inside out?

Contact us today to bring Wholly You™ to your workplace and ignite the change you want to see.

This workshop is ideal for corporations, nonprofits, and organizations seeking to develop their workforce, foster authentic leadership, and create a thriving, purpose-driven culture.

Sheri's teaching consistently earns strongly positive evaluations. She is a highly skilled educator who can make difficult concepts accessible to her students in a way that is both expansive and inspiring.

Allen Proctor, Director, Haden Institute



Dr. Sheri brings not only the direct experience of her own transformative journey, but also the value of her intuitive gifts and years of masters-level and doctoral education in psycho-spiritual wholeness and transformation.

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